



Baltic Beach Hotel & SPA



SPA MENU

Health – the most expensive luxury ...

LUXURY MEDICAL SPA

MEDICAL PROCEDURES

Rehabilitation doctor's consultation with preparation individual program	39 €
Physiotherapist's consultation with the preparation of an individual program	39 €
Exercise therapy with a physiotherapist	39 €

Medical manipulations

Intramuscular injection	15 €
Intravenous injection	25 €
Intravenous system	35 €

Physical therapy

StimaWell	30 min	39 €
Functional Magnetic Stimulation (FMS) (1 area)	15-20 min	15 €
Magnetic capsule		15 €
Ultrasonic		10 €
Laser		10 €
Electrostimulation		10 €

MASSAGES

Classic massages

Back massage	30 min	49 €
Classic massage (medium)	60 min	89 €
Intense massage (deep)	60 min	89 €
Lymphatic drainage massage	60 min	89 €
Segmental massage	60 min	89 €
Reflex foot massage	60 min	89 €
Massage for expectant mothers	60 min	89 €

Peeling massage

Thalasso / Imperial / Organic *	30 min	59 €
---------------------------------	--------	------

Exclusive massages

"Harmony" – warm oil massage	60 min	89 €
"Golden Orchid" – massage with 24k gold	60 min	89 €
"Mountain Lavander" – massage with sea salt and lavender flower bags	60 min	89 €
"Hot Candle" – massage with melted candle	60 min	89 €
"La Stone" – massage with warm volcanic stones	60 min	89 €
"Emperor's Massage" – a combination of eastern and western massage techniques	60 min	89 €

Exotic massages

Thai massage (classis / relaxing with oil)	60 min	89 €
Thai ritual "Paradise Delight"	90 min	138 €
Thai ritual "Paradise Delight"	120 min	178 €
Chinese massage "Gua-sha"	60 min	99 €
Indian massage "Ayurveda" (tradicional Ayurvedic massage)	60 min	89 €
Indian massage "Relax" (with warm sesame oil)	60 min	89 €

Indian massage "Sculpture 3D" (lifting effect with modeling cream)	60 min	99 €
Bali massage	60 min	89 €
Apparatus massages		
Presso lymphatic drainage	40 min	39 €
Modeling wrap "Corset"	1 pc	35 €
Starvac – vacuum roller massage	60 min	89 €
Icoone – vakuum massage with laser technology (body / face)	60 min	89 €
Monaco – microstimulation cryomassage (body / face)	60 min	89 €

HYDROTHERAPY

Therapeutic ozone bath	30 min	29 €
<i>Extra – with added natural laminaria leaves</i>		15 €
Medical pearl bath	30 min	39 €
Charcot shower	20 min	49 €
Classic vacuum massage	40 min	79 €
<i>Extra can be added micronized algae powder</i>		15 €
Vacuum massage	40 min	79 €
<i>Extra can be added micronized algae powder</i>		15 €
SPA program with underwater massage Thalasso / Imperial / Organic*	60 min	99 €
SPA program with underwater massage Thalasso / Imperial / Organic*	90 min	139 €

CLIMATE THERAPY

Oxygen cocktail with juice (apple / pineapple / grape)		5 €
Carbonic capsule "Reabox" (carboxytherapy)	15 min	15 €
Salt Room for adults	60 min	15 €
Oxygen chamber with ionized sea air	15 min	39 €
Cryocapsule (chilled nitrogen (-110°C / -160°C))	1-3 min	39 €
Ozone capsule (O3 – reactive oxygen)	30 min	39 €
SPA capsule "Sunspectra" (light therapy, thermotherapy, vibration)	40 min	39 €

MUD TREATMENTS AND WRAPS

Mud applications "Kemerli"

Problem areas	30 min	35 €
Half of the body	30 min	45 €
Whole body	30 min	55 €
Ozokerite applications "Mountain Wax" (1 area)	30 min	25 €
Water bed "Zero Gravity"	40 min	39 €
Mud wrap on a water bed (peat / sapropel / marine / volcanic)	40 min	59 €
Medical wrap on the water bed (clay / tar / naftalan / algae)	40 min	79 €
Cosmetic wrap on the water bed	40 min	59 €
Thalasso / Imperial / Organic*		

Laminaria De Lux

Problem areas	40 min	79 €
Full body	40 min	99 €

SPA program "The Pure Source"

Garshan, turpentine bath, turpentine wrap, oxygen inhalation, cleansing enema "Basti" (herbal decoction, honey, sea salt, Ayurvedic oil) *105 min* **139 €**

SPA RITUALS

SPA ritual "Marrakech"

60 min **99 €**

Massage with black eucalyptus soap 25 min

Soap wrap 5 min

Massage with a Kessa glove using natural seawater 15 min

Detoxification session using soapy foam in the sauna "Hamam" 15 min

SPA ritual "Hamam"

60 min **99 €**

Body warming in the Turkish bath Hamam 10 min

Cosmetic peeling massage with a Kessa glove on a warm marble table 25 min

Cosmetic full-body massage in a cloud of airy white soap foam and

a ritual with hot water cups on a warm marble table 25 min

SPA ritual "The Garden & Drink"

120 min **59 €**

Visit the complex "The Garden" I-VII

Soap foam in the Turkish sauna "Hamam"

Clay mask in the aroma sauna "Rasul"

A drink of your choice at "The Garden" bar

SPA ritual "The Garden LUX"

120 min **99 €**

Visit to the complex "The Garden" I-VII

Clay mask in the aroma sauna "Rasul"

Peeling massage 15 min /

(or) SPA treatment "Hamam" 15 min on a warm marble table

Sauna ritual VIP

120 min **99 €**

Visit to the complex I-VII

Rubbing with lemon and honey

Sauna whisking ritual 15 min

Aroma room "Barn"

Sauna treats

Sauna ritual "Royal"

180 min **149 €**

Visit to the complex "The Banja" I-VII

Rubbing with lemon and honey

Sauna whisking ritual 15 min

Aroma room "Barn"

Massage on a warm marble table 15 min

Sauna treats

BEAUTY CARE FOR FACE AND BODY

Cosmetologist consultation and preparation of an individual program		39 €
Face and décolleté massage (classical / hiromassage / Japanese) <i>Extra – with an exclusive oil</i>	60 min	89 € 15 €
Cosmetic apparatus procedures for face (Hydrofacial & Mask / OxyGeneo & Mask / Mezo buster / Snow queen)	75 min	125 €
Cosmetic procedures for face (Biologique Recherche / Valmont / Menard / Margy's)	75 min	125 €
Cosmetic facial massage (Margy's / Valmont / Menard)		129 €
Depilation with hot wax "Lycon"		
Face (one area)		10 €
Body (one area)		15 €
Bikini		40 €
Manicure / Pedicure		
Classic manicure		35 €
Classic pedicure		50 €
Manicure with Bio Gelish Polish		44 €
Pedicure with Bio Gelish Polish		65 €
Solarium		
Solarium visit	5 min	5 €
Solarium visit (1 month)	60 min	35 €
Solarium visit (3 months)	60 min	45 €

KIDS SPA

SPA offers for children aged 3 to 12 years

Oxygen cocktail (apple / pineapple / grape)		5 €
Salt room visit for children	30 min	10 €
Pearl bath for children	15 min	39 €
Mud applications for children "The boots"	15 min	15 €
Visit to the "Sea Wellness" complex for kids I-V	120 min	15 €
Visit to the "Sea Wellness" complex for kids VI-VII	120 min	20 €
Visit to "The Garden" complex for children I-VII	120 min	32 €
Massage for children	30 min	49 €
Manicure for kids	30 min	25 €
"Garden & Drink" Kids	120 min	37 €
Visit to the complex "The Garden" I-VII		
A drink of your choice at "The Garden" bar		

**Thalasso – products of sea are used (algae, sea salt, corals)*

**Imperial - used products containing components of precious stones and precious metals (silver, gold, amber, pearls, diamonds, etc.)*

**Organica- natural products are used (camel's milk, goat's milk, chocolate, coffee, aloe, rose, lavender, etc.)*



Baltic Beach Hotel & SPA keeps the right to change price and content of the offer.
Please specify the price before the reservation.

Baltic Beach Hotel & SPA
Jūras iela 23/25, Jūrmala, Latvija, LV-2015
+371 6777 1411(3), res@balticbeach.lv

www.balticbeach.lv