



Baltic Beach Hotel & SPA



SPA MENU

Health – the most expensive luxury ...

LUXURY MEDICAL SPA

MEDICAL PROCEDURES

Rehabilitation doctor's consultation with preparation individual program		39 €
Physiotherapist's consultation with the preparation of an individual program		39 €
Exercise therapy with a physiotherapist		36 €
Medical manipulations		
Intramuscular injection		10 €
Intravenous injection		15 €
Intravenous system		30 €
Physical therapy		
Stima Well	30 min	39 €
Magnetic capsule		15 €
Ultrasonic		10 €
Laser		10 €
Electrostimulation		10 €

MASSAGES

Classic massages

Back massage	30 min	49 €
Classic massage (medium)	60 min	79 €
Intense massage (deep)	60 min	89 €
Lymphatic drainage massage	60 min	79 €
Segmental massage	60 min	79 €
Reflex foot massage	60 min	79 €
Massage for expectant mothers	60 min	79 €

Peeling massage

Thalasso / Imperial / Organic *	30 min	49 €
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Exclusive massages

"Harmony" warm oil massage	60 min	89 €
"Golden orchid" massage with 24k gold	60 min	89 €
"Mountain lavender" massage with sea salt and lavender flower bags	60 min	89 €
"Hot candle" massage with melted candle	60 min	89 €
"La Stone" massage with warm volcanic stones	60 min	89 €
"Emperor's massage" a combination of eastern and western massage techniques	60 min	89 €

Exotic massages

Thai massage (<i>classic / relaxing with oil</i>)	60 min	89 €
Thai ritual "Paradise Delight"	90 min	138 €
Thai ritual "Paradise Delight"	120 min	178 €
Chinese massage "Gua-sha"	60 min	99 €
Indian massage "Ayurveda" (traditional Ayurvedic massage)	60 min	89 €

Indian massage "Relax" (with warm sesame oil)	60 min	89 €
Indian massage "Sculpture 3D" (lifting effect with modeling cream)	60 min	99 €
Bali massage	60 min	89 €
Egyptian massage "Night in Cairo" (with sandalwood oil Nefertiti)	60 min	89 €
Egyptian massage "The Legend of Scheherazade" (with sandalwood oil Cleopatra)	60 min	89 €

Apparatus massages

Liposculpture – electrode myostimulation	60 min	39 €
Presso lymphatic drainage – lymphatic drainage of the apparatus	40 min	39 €
Modeling wrap "Corset"	1 pc	35 €
EMSculptor – high intensity myostimulation	60 min	79 €
Starvac – vacuum roller massage	60 min	79 €
Icoone – vacuum massage with laser technology (body / face)	60 min	79 €
Monaco – microstimulation cryomassage (body / face)	60 min	79 €

HYDROTHERAPY

Therapeutic ozone bath	30 min	39 €
Thalasso / Imperial / Organic*		
Medicinal pearl bath	30 min	39 €
Charcot shower	20 min	39 €
Classic vacuum massage	40 min	59 €
Extra can be added micronized algae powder		15 €
Vacuum massage	40 min	59 €
Extra can be added micronized algae powder		15 €
SPA program with underwater massage	60 min	99 €
Thalasso / Imperial / Organic*		
SPA program with underwater massage	90 min	139 €
Thalasso / Imperial / Organic*		

CLIMATE THERAPY

Oxygen cocktail with juice (apple / pineapple / grape)		5 €
Carbonic capsule "Reabox" (carboxytherapy)	15 min	15 €
Salt Room for adults	60 min	15 €
Oxygen chamber with ionized sea air	15 min	39 €
Cryocapsule (chilled nitrogen (-110°C / -160°C))	1-3 min	39 €
Ozone capsule (O3 – reactive oxygen)	30 min	39 €
SPA capsule "Sunspectra" (light therapy, thermotherapy, vibration)	40 min	39 €

MUD TREATMENTS AND WRAPS

Mud applications "Këmeri"

Problem areas	30 min	35 €
Half of the body	30 min	45 €
Whole body	30 min	55 €

Ozokerite applications "Mountain wax" (1 area)	30 min	25 €
Water bed "Zero gravity"	40 min	39 €
Mud wrap on a water bed (peat / sapropel / marine / volcanic)	40 min	59 €
Medical wrap on the water bed (clay / tar / naftalan / algae)	40 min	59 €
Cosmetic wrap on the water bed Thalasso / Imperial / Organic*	40 min	59 €
Laminaria De Luxe		
Problem areas	40 min	79 €
Full body	40 min	99 €
SPA program "The pure source"		
Garshan, turpentine bath, turpentine wrap, oxygen inhalation	90 min	99 €
Extra – cleansing enema "Basti" (herbal decoction, honey, sea salt, Ayurvedic oil)	15 min	15 €
SPA programm "Vacuslim"	60 min	99 €

SAUNAS AND POOLS

SPA ritual "The Garden"	120 min	69 €
Visit to the complex "The Garden" I-V 9:00–15:00 Soap foam in the Turkish sauna "Hamмам" Clay mask in the aroma sauna "Rasul"		
SPA ritual "The Garden LUX"	120 min	99 €
Visit to the complex "The Garden" I-VII Peeling massage 15 min Soap foam in the Turkish sauna "Hamмам" Clay mask in the aroma sauna "Rasul"		
SPA ritual "The Garden Voyage"	120 min	99 €
Visit to the complex "The Garden" I-VII Soap foam in the Turkish sauna "Hamмам" Clay mask in the aroma sauna "Rasul" A lunch in a restaurant with a sea view		
SPA ritual "The Banja VIP"	120 min	99 €
Visit to the complex I-VII Rubbing with lemon and honey Sauna whisking ritual 15 min Aroma room "Barn" Sauna treats		
SPA ritual "The Banja Voyage"	120 min	99 €
Visit to the complex I-VII Sauna whisking ritual 15 min Aroma room "Barn" Sauna treats A lunch in a restaurant with a sea view		
SPA ritual "The Banja Carskij"	180 min	149 €
Visit to the complex "The Banja" I-VII Rubbing with lemon and honey Sauna whisking ritual 15 min Aroma room "Barn" Massage on a warm marble table 15 min Sauna treats		

BEAUTY CARE FOR FACE AND BODY

Beautician consultation and preparation of an individual program		39 €
Face and décolleté massage (classical / hiromassage / Japanese)	60 min	89 €
Cosmetic apparatus procedures for face (Hydrofacial & Mask / OxyGeneo & Mask / Mezo buster / Snow queen / New Look)	75 min	125 €
Cosmetic procedures for face (Biologique Recherche/ Valmont / Sothys / Menard / Germaine de capuccini)	75 min	125 €
Cosmetic invasive facial procedures		
Biorevitalization (1 ampoule)		200 €
Depilation with hot wax "Lycon"		
Face (one area)		10 €
Body (one area)		15 €
Bikini		40 €
Manicure / Pedicure		
Classic manicure		29 €
Classic pedicure		50 €
Gel polish applying		15 €
Solarium		
Solarium visit	5 min	5 €
Solarium visit (1 month)	60 min	35 €
Solarium visit (3 months)	60 min	45 €

KIDS SPA

SPA offers for children aged 3 to 12 years

Oxygen cocktail (apple / pineapple / grape)		5 €
Salt room visit for children	30 min	10 €
Pearl bath for children	15 min	39 €
Mud applications for children "The boots"	15 min	15 €
Visit to the "Sea Wellness" complex for kids I-V	120 min	15 €
Visit to the "Sea Wellness" complex for kids VI-VII	120 min	20 €
Visit to "The Garden" complex for children	120 min	26 €
Massage for children	30 min	49 €
Manicure for kids	30 min	25 €

**Thalasso – products of sea are used (algae, sea salt, corals)*

**Imperial - used products containing components of precious stones and precious metals (silver, gold, amber, pearls, diamonds, etc.)*

**Organica- natural products are used (camel's milk, goat's milk, chocolate, coffee, aloe, rose, lavender, etc.)*



Latvia's
Best Hotel Spa

Baltic Beach Hotel & SPA keeps the right to change price and content of the offer.
Please specify the price before the reservation.

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